Sage-femme Collective is an anonymous group of professional researchers, herbalists, and individuals involved in the women's self-help movement. Natural Liberty is a guide for women interested in self-induced abortion methods and covers modern methods of medical abortion and menstrual extraction to alternative methods of herbs, homeopathy, acupuncture, massage, and yoga. Sage-femme Collectives addresses the lay reader, however this detailed guide includes new information that will be of interest to scholars as well as educated adults.