Create the most natural, gentle, and fragrant bodycare products ever—using this beautifully photographed aromatherapy recipe book for the body. With these original ideas on essential and carrier oils, herbals, and other all-natural ingredients, you'll soon luxuriate in baths filled with citrus almond sachets, and enjoy intensive botanical hair masks, sparkling citrus facial toner, and lavender and sage purifying clay body masks. Includes dozens of tips on solving special skin and haircare problems, and therapeutic techniques that remove stress. You'll feel marvelous from head to toe! 128 pages (all in color), 8 1/2 x 10.

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